

## OSHA Committee Update: Virtual CPR Training is Now Available!

Sudden Cardiac Arrest (SCA), more commonly referred to as a "heart attack," can happen to anyone at any time. Without CPR and defibrillation, a person's chances of surviving a heart attack drop 7-10% for every minute that goes by.

The good news is that thanks to the FAA's CPR/AED program, in every case of SCA at work, the victim was resuscitated successfully.

The FAA offers free CPR/AED training to all employees. In the past, these have been in-person trainings, and controllers have struggled to get into the classes because it was difficult to get off the boards to attend the training.

The agency has teamed up with a new CPR/AED training contractor and employees can now complete the training virtually! They will send you a CPR mannequin straight to your home and you complete the class via Zoom. It only takes a few hours and by the end of the class you will know how to conduct CPR on an adult or child, perform defibrillation with an AED, assist a choking person, and perform basic first aid.



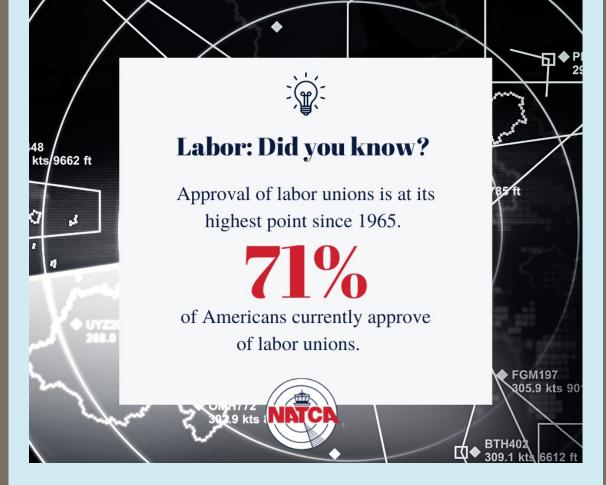
If you are interested in taking the CPR/AED Class either in-person or virtually, send an email to <a href="mailto:9-faa-padprogram@faa.gov">9-faa-padprogram@faa.gov</a>.

In addition, NATCA's OSHA Committee will honor the facility (with 15 or more employees) with the highest percentage of people trained in CPR & AED. In 2019, the last time we were able to give this award, the Helping Hearts award was given to Providence ATCT (PVD).

## Labor: Did You Know?

According to a recent Gallup poll, 71% of Americans now approve of labor unions. It is up from 64% before the pandemic and is the highest recorded level of approval since 1965.

Approval has been generally trending upward for the last decade since it hit an all-time low of 48% in 2010.



Read more about Gallup's research here.

## Save the Date: NATCA's 19th Biennial Convention

NATCA's 19th Biennial Convention will be held at The Diplomat in Hollywood, Fla. from June 19-22, 2023. The planning committee is looking forward to welcoming NATCA brothers and sisters to southern Florida for what promises to be a great event!



the convention webpage here.

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