

Critical Incident Stress Management (CISM): Frequently Asked Questions

The NATCA CISM team is a Union-operated, Agency-supported group designed to help air traffic controllers effectively manage stress they may experience following a critical incident.

These peer debriefers are trained in the Mitchell Model. You can find more information about the program developed by Dr. Jeffrey Mitchell at <u>ICISF.org</u>.

The NATCA CISM team provides confidential, non-judgmental, peer-to-peer support in the wake of stressful events to promote recovery following a critical incident. Sometimes the



CISM team provides one-on-one support via phone conversations; sometimes they may travel to a facility where more than one controller has been affected. They also provide support for other events such as the death of a coworker, or any event which affects your ability to do your job.

If you have experienced a traumatic event or a critical incident, and it is affecting your ability to do your job, call the on-call peer debriefer at 202-505-CISM (2476). We are on call 24/7. You will reach our voicemail. Leave your name, contact number, and a brief description of the situation. All messages are kept strictly confidential.

Learn more about the <u>CISM Committee</u>.

NATCA Convention 2025 – Schedule of Events

NATCA's Western Pacific Region and the Convention Planning Committee are excited to welcome NATCA members to the City by the Bay for NATCA's 20th Biennial Convention to be held at the Marriott Marquis in San Francisco on

May 9–11, 2025. To help you prepare, we're sharing a high-level agenda for Convention business and other activities during the event. We will share live-streaming information closer to the event.



SEE YOU IN THE CITY BY THE BAY! MAY 9-11

CONVENTION BUSINESS SCHEDULE

Fri., May 9, 8:30 a.m.-8 p.m. Sat., May 10, 8:30 a.m.-4:30 p.m. Sun., May 11, 8:30 a.m.-5 p.m.

Thursday, May 8

Marriott Marquis San Francisco 11 a.m. – 4 p.m. | Registration Open 12 – 4 p.m. | Pre-Convention Classes City View at Metreon (135 4th St #4000) 5 – 9 p.m. | Opening Reception

Friday, May 9

Marriott Marquis San Francisco 7:30 a.m. – 8 p.m. | Registration Open 8:30 a.m. – 8 p.m. | Convention Business 8 – 8:30 p.m. | Regional Meetings

Saturday, May 10

Marriott Marquis San Francisco 7:30 a.m. – 4:30 p.m. | Registration Open 8:30 a.m. – 4:30 p.m. | Convention Business 4:35 p.m. – 5 p.m. | Regional Meetings The Midway San Francisco (900 Marin St) 7 p.m. – 11 p.m. | NCF Solidarity Night

Sunday, May 11

Marriott Marquis San Francisco 7:30 a.m. – 4:30 p.m. | Registration Open 8:30 a.m. – 5 p.m. | Convention Business California Academy of Sciences (55 Music Concourse Dr) 7 p.m. – 11 p.m. | Closing Ceremony

Honoring the Moms and Mom Figures of NATCA

As we get ready to celebrate Mother's Day, NATCA is shining a light on the incredible members who are moms, mentors, and all who show up with love while helping keep the National Airspace System safe with the same dedication. If you know a NATCA member who fills that role, we'd love to feature them in our special Mother's Day photo album! Send your photos to publicaffairs@natca.org by 5 p.m. EDT on April 30, and include the name and facility of the member you're celebrating.



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